

Covenants of Relationship

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A relational covenant is an agreement you make with God that governs how you do relationship with others.

1. The Covenant of Grace

I will love the members of my group, build them up and accept them in whatever form they come.

I John 4:11-12

2. The Covenant of Truth

I will seek in the timing of the Spirit, to deal directly and truthfully making a common commitment to discover God's perspective on our issues.

Ephesians 4:15-16

3. The Covenant of Openness

I will open myself to you inwardly: my hurts, joys, loves, hates, hopes, disappointment and history. I will affirm you by needing you and inviting you to be part of my inner life.

James 5:13-16

4. The Covenant of Sacrifice and Prayer

In our gatherings and throughout the week, I want to make your needs more important than my own as we talk, worship, pray and fellowship together. I will pray for others in our group and be sensitive to the Holy Spirit concerning their needs.

Philippians 2:1-4

5. The Covenant of Availability

I will serve God through members of my group with my time, energy, wisdom, finances and material goods.

Acts 2:44-47

6. Covenant of Faithfulness

I will regard the time that my ministry group spends together weekly as time spent with Jesus in our midst. I will not grieve the Holy Spirit or hinder his work in your life by my absence, except in emergency.

Hebrews 10:23-25

7. The Covenant of Accountability

I give you the right to question, confront and challenge me in love when I seem to be failing in any aspect of my life under God, such as family, devotions and general spiritual growth. I trust you to be in the Spirit and led of Him when you do so. I need love and correction to better fulfill my God-given ministry. I promise not to be defensive.

Proverbs 12:1, Proverbs 13:1, Proverbs 13:10

8. The Covenant of Confidentiality

What we share in group is a trust. Sharing without permission would be harmful to the relationships God is building.

Proverbs 10:19, Proverbs 11:9, Proverbs 12:23, Proverbs 15:4

9. The Covenant of Outreach

I will find ways to sacrifice for those outside the group and treat them in the same way as I have covenanted with God to treat those in my group.

Mark 12:30-31

10. The Covenant of Release

If God calls me elsewhere, I will not leave without your release to properly bring closure to our relationship. I will feel free to reconnect at any time.

Acts 13:2-3

Credits: John and Paula Sandford

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FRIENDSHIP SATISFACTION

Choose your symbol as an o and your friend's as an x. Choose your present level of relational satisfaction in each category, 0 means no satisfaction, 5 is half good, 10 is great. Ask your friend to rate you and give you a suggestion for a one step improvement in each category. Record both suggestions for relational improvement elsewhere.

1. How valued I feel in the relationship.
0 1 2 3 4 5 6 7 8 9 10
2. The quality of our time together.
0 1 2 3 4 5 6 7 8 9 10
3. Our trust level.
0 1 2 3 4 5 6 7 8 9 10
4. Our communication.
0 1 2 3 4 5 6 7 8 9 10
5. Our interest in each other.
0 1 2 3 4 5 6 7 8 9 10
6. How we do things together.
0 1 2 3 4 5 6 7 8 9 10
7. How we handle our conflicts.
0 1 2 3 4 5 6 7 8 9 10
8. How we agree on issues.
0 1 2 3 4 5 6 7 8 9 10
9. How we manage schedules.
0 1 2 3 4 5 6 7 8 9 10
10. The relationship with other friends.
0 1 2 3 4 5 6 7 8 9 10
11. Our spiritual interaction.
0 1 2 3 4 5 6 7 8 9 10
12. The depth of our friendship.
0 1 2 3 4 5 6 7 8 9 10
13. How supported I feel in a crisis.
0 1 2 3 4 5 6 7 8 9 10
14. How we relate regarding the other's important people (spouse, kids, friends).
0 1 2 3 4 5 6 7 8 9 10
15. Our non-church time interaction.
0 1 2 3 4 5 6 7 8 9 10

Total:

Friend _____/150

Friend _____/150

What will you do to strengthen this relationship?

Credit: Norman Wright in Before We Say I Do.

Prayer Counseling Ministries
P.O. Box 180 Willmar, MN 56201
www.prayercounseling.net
320-295-2696

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